

August 5th to August 6th, 2017



4545 LA JOLLA VILLAGE DRIVE SAN DIEGO, CA 92122 858.452.9110 WWW.UTCICE.COM



# Compete USA August 5<sup>th</sup> and 6<sup>th</sup>, 2017

Sponsored by UTC Ice Sanctioned by US Figure Skating

UTC Ice Sports Center, University Towne Centre
4545 La Jolla Village Drive
San Diego, CA 92122
www.utcice.com

ENTRY DEADLINE: July 14th, 2017 Entries will only be accepted online with Entryeeze

# For further information contact:

Co-Chair and Registrar: Heather Cristobal heather@utcice.com 858-452-9110 ex. 106 Co-Chair: Traci Veltre icepro1@gmail.co m 714-225-9876





#### **ELIGIBILITY RULES FOR PARTICIPANTS**

The 2017 UTC Ice Basic Skills competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club.

### **Eligibility and Test Requirements:**

Eligibility will be based on skill level as of closing date of entries. All **Snowplow Sam and Basic Skills 1-6** skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances.

For the **Pre-free skate, Free Skate 1-6, test track and Well Balanced levels**, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below his/her class level, the chairman and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors. Please be sure to check for the director/instructor's signature confirming the level of the skater.

#### **Groups:**

### General:

- Skaters entering beginner—preliminary events will be divided as closely as possible by age should the number of entries warrant more than one group.
- If there are not enough entries to hold an event, boys and girls may compete against each other at the Preliminary level and below.

### Showcase:

- Showcase disciplines (Light & Dramatic) maybe combined at the discretion of the referee
- Depending on the number of entries, boys and girls may compete against each other in Showcase events.

#### **ENTRIES**

All entries must be submitted online via Entryeeze (<a href="www.entryeeze.com">www.entryeeze.com</a>) by 11:59pm July 14th, 2017. No mailed entries will be accepted. Entries <a href="may">may</a> be accepted after this date at the discretion of the competition committee. A \$25 late fee MUST accompany late entries to be considered. No entries or changes to entries will be accepted after July 17th, 2017 for any reason.

**Fees:** (Includes entry fee and a non-refundable 5.0 % processing fee)

Events		
Learn to Skate: Basic Program Snowplow Sam – Basic 6	\$70	
Learn to Skate: Basic Elements Snowplow Sam – Basic 6	\$70	
Learn to Skate: Pre-Free Skate – Free Skate 6 Program Event	\$75	
Learn to Skate: Pre-Free Skate – Free Skate 6 Compulsory Element	\$70	
Compulsory Programs: Beginner - Preliminary	\$70	



Introductory Free Skate: Beginner, High Beginner, No-Test		
Free Skate 6.0: Pre-Preliminary-Preliminary; Adult Pre-Brz –Adult Silver	\$75	
Showcase: All levels – Light, Dramatic, Duets, & Learn to Skate	\$75	
Additional Event	\$30 each	
Late Fee:	\$25	

### **REFUND POLICY**

Entry fees will not be refunded after **July 14,2017** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Echecks returned for non-sufficient funds and contested credit card charges will be issued a **\$25.00 fee**. Payment of the fee will be required before the skater is allowed to participate in the competition. Notification of competition ice times will be available via Entryeeze.

### **FACILITIES**

The UTC Ice Sports Center is indoors, located in a mall with an overlooking food pavilion. The ice surface measures 185' x 85' with slightly rounded corners. The rink is conveniently located within the Dining Terrace of the University Towne Center Mall.

#### MUSIC

Please provide <u>CD's only</u> and have at least one back-up at the arena during competition. The La Jolla FSC is not responsible for poorly recorded CD's. No CD-RW CD's and only one track per CD. Please clearly mark CD with the competitor's name and event.

The official competition music must be turned in at the registration table at the time of check- in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the La Jolla FSC cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

### LIABILITY

U.S. Figure Skating, La Jolla Figure Skating Club, and UTC Ice accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **JUDGING SYTEM**

In all events the closed system of judging will be used. The decision of the Referee on all matters will be final. Items not specified in this announcement will be resolved by the Referee in accordance with the current Rulebook. All events will be scored using the 6.0 system.

#### REGISTRATION

Registration will begin on the day of the first scheduled event (August 5th) and end on either Friday, August 5<sup>th</sup> or Saturday, August 6<sup>th</sup> (according to entries). Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located in the lobby of UTC Ice. Please register promptly upon arrival.

### **PRACTICE ICE**

No official practice ice will be offered through the club. Please call UTC Ice directly at 858-452-9110 or check their website <a href="https://www.utcice.com">www.utcice.com</a> for their freestyle schedule and prices.

# PHOTOGRAPHY/VIDEOGRAPHY

Official photos will be provided and taken immediately following the posting of the results. There is ample light in the arena for your own photography. For safety reasons, use of flash is strictly prohibited anywhere in the arena.

### **AWARDS**



Medals will be given for First, Second, Third, and Fourth place finishes in all events.

**OFFICIAL NOTICES:** An official bulletin board will be maintained in the skate counter area of the rink. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

#### **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Noncredentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

**CONTACT INFO:** If you have questions, please contact:

Co-Chairs and Registrar: Heather Cristobal 858-452-9110 ex. 106 heather@utcice.com

Co-Chairs: Traci Veltre 714-225-9876 icepro1@gmail.com

(No calls after 8pm, please)

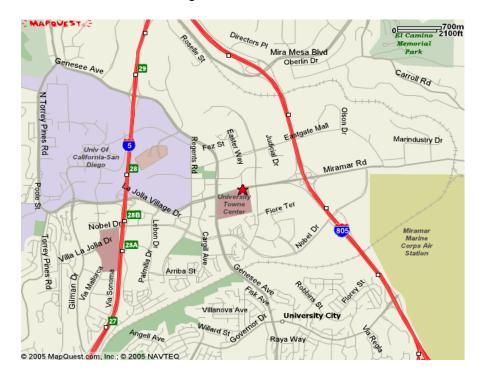


# **ADDITIONAL INFORMATION:**

\*Accommodations: Please check our Entryeeze website for hotel information, any additional information and updates.

# \*Directions to UTC Ice Sports Center:

- Take I-5 South to 805 South
- To La Jolla Village Drive Exit West/Right
- To Towne Centre Drive Turn Left
- Turn Right into Shopping Center (2<sup>nd</sup> Driveway)
- UTC Ice is located below the dining terrace







### EVENT: Basic Elements Event: SNOWPLOW SAM - BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards	
		March followed by a two-foot glide and dip	
Snowplow	1:00 max.	Forward two-foot swizzles, 2-3 in a row	
Sam		Forward snowplow stop	
		Backward wiggles, 2-6 in a row	
		Forward two-foot glide and dip	
Basic 1	1:00 max.	<ul> <li>Forward two-foot swizzles, 6-8 in a row</li> </ul>	
		Beginning snowplow stop on two-feet or one-foot	
		Backward wiggles, 6-8 in a row	
		Forward one-foot glide, either foot	
Basic 2	1:00 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>	
		Moving snowplow stop	
		Two-foot turn in place, forward to backward	
		Backward two-foot swizzles, 6-8 in a row	
		Beginning forward stroking showing correct use of blade	
Basic 3	1:00 max.	Forward ½ swizzle pumps on a circle, either clockwise or counter	
		clockwise, 4-6 consecutive	
		Forward slalom	
		Beginning backward one-foot glide, either foot	
		Moving forward to backward two-foot turn on a circle	
		Backward one-foot glides, right and left	
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise	
		<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>	
		Beginning two-foot spin, 2-4 revolutions	
		Backward ½ swizzle pumps on a circle, one direction only	
		Backward outside edge on a circle, clockwise or counterclockwise	
		Backward crossovers, 4-6 consecutive, both directions	
Basic 5	1:00 max.	Advanced two-foot spin, 4-6 revolutions	
		Forward outside three-turn, right and left	
		Hockey stop	
		Forward inside three-turn, right and left	
Basic 6	1:00 max.	Bunny Hop	
		Forward spiral on a straight line, right or left	
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position	
		and entry	
		T-stop, right or left	





# EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul> <li>Forward inside open Mohawk from a standstill position (R to L and L to R)</li> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> <li>Waltz jump</li> </ul>
Free Skate 1	1:15 max.	<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> <li>Backward outside three-turns, right and left</li> <li>Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>Toe loop</li> <li>Half flip jump</li> </ul>
Free Skate 2	1:15 max.	<ul> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>Backward inside three-turns, right and left</li> <li>Beginning back spin, up to two revolutions</li> <li>Half Lutz</li> <li>Salchow jump</li> </ul>
Free Skate 3	1:15 max.	<ul> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>Waltz three-turns, clockwise and counterclockwise</li> <li>Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>Loop jump</li> <li>Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ul>
Free Skate 4	1:15 max.	<ul> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> <li>Sit spin - minimum three revolutions</li> <li>Half loop jump</li> <li>Flip jump</li> </ul>
Free Skate 5	1:15 max.	<ul> <li>Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>Camel spin - minimum three revolutions</li> <li>Waltz jump-loop jump combination</li> <li>Lutz jump</li> </ul>
Free Skate 6	1:15 max.	<ul> <li>Forward power pulls, right and left</li> <li>Split jump or stag jump</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Waltz jump, ½ loop, Salchow jump sequence</li> <li>Axel jump</li> </ul>





# EVENT: Basic Program Event: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards		
		March followed by a two-foot glide and dip		
Snowplow	1:10 max.	<ul> <li>Forward two-foot swizzles, 2-3 in a row</li> </ul>		
Sam		Forward snowplow stop		
		Backward wiggles, 2-6 in a row		
		Forward two-foot glide and dip		
Basic 1	1:10 max.	Forward two-foot swizzles, 6-8 in a row		
		Beginning snowplow stop on two-feet or one-foot		
		Backward wiggles, 6-8 in a row		
		Forward one-foot glide, either foot		
Basic 2	1:10 max.	<ul> <li>Scooter pushes, right and left foot, 2-3 each foot</li> </ul>		
		Moving snowplow stop		
		Two-foot turn in place, forward to backward		
		Backward two-foot swizzles, 6-8 in a row		
		Beginning forward stroking showing correct use of blade		
Basic 3	1:10 max.	Forward ½ swizzle pumps on a circle, either clockwise or counter		
		clockwise, 4-6 consecutive		
		Forward slalom		
		Beginning backward one-foot glide, either foot		
		Moving forward to backward two-foot turn on a circle		
		Backward one-foot glides, right and left		
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise		
		<ul> <li>Forward crossovers, 4-6 consecutive, both directions</li> </ul>		
		Beginning two-foot spin, 2-4 revolutions		
		Backward ½ swizzle pumps on a circle, one direction only		
		Backward outside edge on a circle, clockwise or counterclockwise		
	1:10 max.	Backward crossovers, 4-6 consecutive, both directions		
Basic 5		Advanced two-foot spin, 4-6 revolutions		
		Forward outside three-turn, right and left		
		Hockey stop		
		Forward inside three-turn, right and left		
Basic 6	1:10 max.	Bunny Hop		
		Forward spiral on a straight line, right or left		
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position		
		and entry		
		T-stop, right or left		





# EVENT: Pre-Free Skate – Free Skate 6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards	
revei	IIIIIE		
Pre-Free Skate	1:40 max	<ul> <li>Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>Mazurka</li> <li>Waltz jump</li> </ul>	
Free Skate 1	1:40 max	<ul> <li>Forward power stroking, 4-6 consecutive strokes</li> <li>Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>Toe loop jump</li> <li>Half flip jump</li> </ul>	
Free Skate 2	1:40 max.	<ul> <li>Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>Beginning back spin, up to two revolutions</li> <li>Half Lutz</li> <li>Salchow jump</li> </ul>	
Free Skate 3	1:40 max	<ul> <li>Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>Loop jump</li> <li>Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>	
Free Skate 4	1:40 max.	<ul> <li>Forward power 3's, 2-3 consecutive sets, right or left</li> <li>Sit spin - minimum three revolutions</li> <li>Half Loop jump</li> <li>Flip jump</li> </ul>	
Free Skate 5	1:40 max.	<ul> <li>Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>Camel spin - minimum three revolutions</li> <li>Waltz-loop jump combination</li> <li>Lutz jump</li> </ul>	
Free Skate 6	1:40 max.	<ul> <li>Split jump or stag jump</li> <li>Camel, sit spin combination - minimum of four revolutions total</li> <li>Waltz jump, ½ loop, Salchow jump sequence</li> <li>Axel jump</li> </ul>	





# **EVENT**: Compete USA Showcase Events

Format: Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

### Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.

#### General event parameters:

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

\* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>.

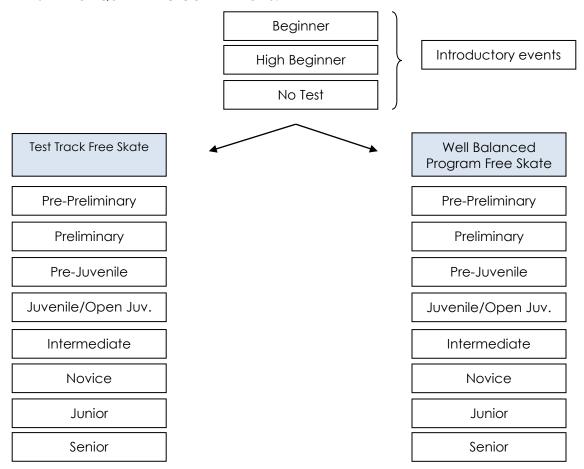
LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate- Free Skate 6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.





# SINGLES FREE SKATING EVENTS

ILLUSTRATION OF THE PROGRESSION THROUGH U.S. FIGURE SKATING EVENTS IN SINGLES FREE SKATING BEYOND BASIC SKILLS LEVELS. THESE ARE THE MOST COMMON EVENTS AT NONQUALIFYING COMPETITIONS.







# **EVENT: Introductory Levels Free Skate Program**

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they
  - have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description.
   Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front).</li> <li>Max. 2 jump sequences</li> <li>Max. 2 of any same jump</li> </ul>	Max. 2 spins:  • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	<ul> <li>Max. 5 jump elements:</li> <li>Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>Single rotation jumps: Salchow and toe loop only.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump.</li> </ul>	Max. 2 spins:  • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
No Test  1:40 maximum  *means element is required	<ul> <li>Max. 5 Jump Elements</li> <li>All single jumps allowed except: <ul> <li>No single Axels, double, triple or quadruple jumps</li> <li>Number of single jumps (except single Axels) is not limited provided the maximum # of jump elements is not exceeded</li> <li>Max 2 jump combinations or jump sequences</li> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	Max. 2 spins:  a) Spins must be of a different nature b) Spins may change feet and/or position. c) Spins may start with a fly. d) Min. of 3 revolutions  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence  • Step Sequence  • Must use one-half the ice surface  • Moves in the field and spiral sequences are permitted but will not be counted as elements  • Jumps may be included in the step sequence	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests





# **EVENT**: Well Balanced Program Free Skate - Singles

- 1. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 4. Either IJS or the 6.0 judging system may be used for this event.
- 5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>, under "Technical Information," then "Singles/Pairs"

	JUMP ELEMENTS	SPINS	STEP SEQUENCES
PRE- PRELIMINARY  1:40 maximum  *means element is required	Max 5 Jump Elements  All single jumps, including the single Axel, allowed  No double, triple or quadruple jumps allowed  Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or jump sequences  Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted.  Jump sequences limited to a maximum of 3 single jumps	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence  Step Sequence  Must use one-half the ice surface  Moves in the field and spiral sequences are permitted but will not be counted as elements  Jumps may be included in the step sequence
PRELIMINARY  1:30 +/- 10 sec  *means element is required	Max 5 Jump Elements  1 must be an Axel or a waltz jump*  All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop)  Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed  An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination  Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded  Max 2 jump combinations or sequences  Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted  Jump sequences limited to a maximum of 3 single or double jumps.	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs.  These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence     Must use one-half the ice surface     Moves in the field and spiral sequences are permitted but will not be counted as elements     Jumps may be included in the step sequence





# **EVENT: Compulsory Event**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul> <li>Waltz jump</li> <li>½ jump of choice</li> <li>Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li> <li>Forward or backward spiral</li> </ul>
High Beginner	1:15 max.	<ul> <li>Toe loop jump</li> <li>Salchow jump</li> <li>Forward scratch spin - minimum three revolutions</li> <li>Forward or backward spiral</li> </ul>
Surfer (No-Test)	1:15 max.	<ul> <li>Loop jump</li> <li>Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>Solo spin - sit or camel spin - minimum three revolutions</li> <li>Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ul>

Level	Time	Skating rules/standards	
Pre- Preliminary	1:15 max.	<ul> <li>Toe Loop jump</li> <li>Jump combination: single/single (no Axel)</li> <li>Sit spin or camel spin - minimum three revolutions</li> <li>Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ul>	
Preliminary	1:15 max.	<ul> <li>Lutz jump</li> <li>Jump combination: single/single (may include Axel)</li> <li>Back upright spin - minimum three revolutions</li> <li>Forward inside spiral</li> </ul>	





**EVENT**: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated  $\frac{1}{2}$  ice; Juvenile senior will be skated on full ice
- 3. Jumps with an "\*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards	
Beginner	1:15 max.	<ol> <li>Waltz jump (from backward crossovers)</li> <li>½ flip or ½ Lutz</li> <li>Single Salchow</li> </ol>	
High Beginner	1:15 max.	Waltz jump (from backward crossovers)     Single Salchow     Jump combination – waltz jump-toe loop	
No-Test	1:15 max.	<ol> <li>Single toe loop</li> <li>Single loop</li> <li>Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ol>	
Pre – Preliminary	1:15 max.	<ol> <li>Single toe loop</li> <li>Single flip</li> <li>Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ol>	
Preliminary	1:15 max.	<ol> <li>Single flip</li> <li>Single Lutz</li> <li>Jump combination – Any single jump + single loop (may be Axel)</li> </ol>	

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**EVENT**: Showcase Events –

# Light Entertainment Events

#### Format:

- Showcase program that should express a carefree concept or storyline designed to uplift
  and entertain the audience through related skating movements, gestures and physical
  actions.
- Props and Scenery are permitted

### Dramatic Entertainment Events

#### Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

### Duet Events

#### Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

- Level will be determined by the highest free skate <u>or</u> dance (solo or partnered) test passed.
   Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline
- 3. Current guidelines and procedures for non-qualifying showcase competitions can be found at <a href="https://www.usfigureskating.org">www.usfigureskating.org</a>, under "Programs" on the National Showcase page.
- 4. Showcase disciplines (Light & Dramatic) maybe combined at the discretion of the referee.
- 5. Depending on the number of entries, boys and girls may compete against each other in Showcase events.





**EVENT**: Showcase Events – ALL Events

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Beginner (Beginner)/ Starfish (High Beginner)	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
Surfer (No Test) / Pre-Preliminary	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.

	Event	Must meet requirements*  Must have passed Free  Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
	Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max
	Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
	Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
	Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
	Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
	Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
	Senior	Senior Free Skate OR Senior Free Dance			2:40 max



	Event	Must meet requirements*  Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	Age	Time
	Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Complete Pre-Bronze Dance Test**	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) OR Any Pre-Silver Dance**	21 and older	1:40 max
	Adult Silver	Adult Silver Free Skate Juvenile FS (prior to 10/1/94) Pre Juvenile FS Adult Silver Free Dance Intermediate Free Dance Preliminary FD (prior to 9/2/2000) 3rd Figure (prior to 10/1/77) OR One Pre-Silver Dance**	Adult Gold Free Skate Juvenile FS (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze FD (prior to 9/2/2000) 4th Figure (prior to 10/1/77) OR Any Pre-Gold Dance**	21 and older	1:40 max
	Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance 3rd Figure (prior to 10/1//77) OR One Pre-Gold Dance**	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver FD (Prior to 9/2/2000) 5th Figure Test (prior to 10/1/77) OR Complete Pre-Gold Dance Test**	21 and older	1:40 max
	Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver FD (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) 8th Figure Test (10/1/77- 9/30/79) OR Complete Pre-Gold Dance Test**		21 and older	1:40 max

<sup>\*</sup>The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart For Learn to Skate levels and events, please refer to the U.S. Figure Skating Basic Skills Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

